

CANDIDA FREEDOM™

A Multi-Use Probiotic

INTERNAL USE - Adults take one capsule daily to assist in maintaining a balanced digestive system.* For children under 100 lbs. pour up to half of one capsule into food or beverage (may not be needed everyday).

TOPICAL USE - For all ages. Pour the powder of one capsule and 6 oz. of water into a (trigger) spray bottle. Spray any affected skin area (scalp, face, mouth, ears, neck, elbows, hands, knees and feet). Massage solution into skin firmly until dry. May be repeated throughout the day. Discontinue use if skin becomes irritated. Solution remains fresh for 3 days at room temp or 7 days if refrigerated. • Mix one or more capsules with your favorite lotion or face cream and apply daily. Will stay fresh up to 7 days.

ORAL USE- Brush your teeth, gums and tongue. Using a wet tooth brush apply the powder of one capsule and brush. Use the "Topical Use" solution as a mouthwash.

VAGINAL USE - Douche. Pour the powder of one capsule into 8 oz. or more of pure warm water. Shake well and apply.

BATH - Add 4 to 6 capsules into a warm bath. Massage all skin areas with a wash cloth.

POULTICE - Using the powder of one or more capsules add enough water to make a thick moist paste and apply to affected skin area. Cover with a bandage. Replace daily.

FOOD - Following the "Internal Use" directions add one daily dose to: protein shakes, yogurt, soup, cereal, desserts, beverages, etc.

PETS / ANIMALS - Use the above "Topical Use" solution for your cat or dog's affected skin area and massage until dry. Internally. Use up to half of one capsule for smaller animals. Up to one capsule for large dogs. May be applied to various farm animals.